***JBJS EST Subspecialty Procedures Article***

***Author Submission Template***

*Instructions are in blue text and will be deleted when the article is published.   
All text appearing in black and entered into the gray boxes will remain in the published article.*

***\*\*Type the requested information in the gray box beneath each instruction.\*\****

*Insert title of article.*

*Insert names and academic degrees of all authors (e.g., John B. Smith, MD, PhD, and Alice C. Jones, MD).*

*Insert affiliation, city, and state (or country) for each author (and e-mail address if you want it published).*

**Published outcomes of this procedure can be found at:**

*Insert the citation of the article that reports the outcomes of this surgical technique (e.g., J Bone Joint Surg Am. 2012 Apr 4;94(7):654-8.). Attach a copy of the article with your submission.*

**Abstract** *(maximum, 400 words)*

**Background:**

*Provide the name of the procedure and why you do it.*

**Description:**

*Provide a brief summary of how you perform the procedure.*

**Alternatives:**

*List alternative treatments, either nonsurgical or nonsurgical.*

**Rationale:**

*State how this procedure differs from treatment alternatives and why it is better for certain patients, disease states, clinical scenarios, etc. Help the reader understand the context of this particular procedure with respect to alternative treatments and overall management of the condition.*

**Introductory Statement**

*Insert an introductory statement (single sentence) describing, or stating a key point that highlights, your procedure (e.g., “The plantar approach for management of a Morton neuroma allows the transverse metatarsal ligament to be spared and has a low rate of complications.”).*

*NOTE: Your SP article will start with an “overview page” that will begin with this introductory statement, followed by a summary listing of the steps of your procedure.*

Indications & Contraindications

**Indications**

*List the indications (as many as appropriate) for your procedure. Press “Enter” for additional bullets.*



**Contraindications**

*List the contraindications (as many as appropriate) for your procedure. Press “Enter” for additional bullets.*



**Step-by-Step Description of Procedure**

*Describe the sequential steps of your procedure (as many appropriate, although ≤7 are preferred) in the gray box below, following the formatting in this example:*

|  |
| --- |
| ***EXAMPLE*** |
| *Step 1: Incision* |
| *Position the incision on the anterior aspect of the thigh.* |
| * *Identify the anterior superior iliac spine.* |
| * *Outline the incision approximately 1 in (2.5 cm) distal to the anterior superior iliac spine.* |
| * *Cut the skin with a scalpel.* |
| *Step 2: Heading* |
| *Introductory sentence.* |
| * *First step.* |
| * *Second step.* |
| * *Etc.* |

*Each step should include:*

*Heading (title of the step—“Step 1: Incision” in Example above)*

*Introductory sentence summarizing, or stating a key feature of, the step (“Position the incision on the anterior aspect of the thigh.” in Example above)*

*Bullet points describing, in sequence, what the surgeon must do to perform the step. (Word these bullet points as: “Do this, do that.”—e.g., “Identify the anterior superior iliac spine.” in Example above)*

**Results**

*Please provide a succinct 1 or 2-paragraph section stating the most important results of the peer-reviewed study or studies of your procedure along with information about the results in different patient populations or for different indications. Describe the expected outcomes of this procedure as you would communicate them to your patient. Please do NOT simply paste in text from the Results section of a previous article.*

**Pitfalls & Challenges**

*List the pitfalls and challenges related to your surgical technique. Press “Enter” for additional bullets.*



References

*Insert the references that you are citing in this article.*

*NOTE: Do not use a reference manager program (e.g., EndNote) to format the reference list when writing in this document. Either type the references in manually or format them in your reference manager program in a separate file and copy and paste the list of references into this document. Start a new paragraph for each new reference.*

**Figure Legends**

*Insert figure numbers and legends in the gray box below, following the formatting in this example:*

|  |
| --- |
| ***EXAMPLE*** |
| *Fig. 1* |
| *Intraoperative photographs showing the surgical incision.* |
| *Fig. 2* |
| *Anteroposterior radiograph of the femur.* |

*NOTE: The figures themselves must be uploaded as separate image files with your submission in Editorial Manager. The file name for each figure should be FIGURE 1.tiff, FIGURE 2.tiff, etc. Please refer to the EST Instructions to Authors for figure specifications.*

*\*\*Please do not include actual image files with this form.\*\**

**Video Legends**

*Insert video numbers and legends in the gray box below, following the formatting in this example:*

|  |
| --- |
| ***EXAMPLE*** |
| *Video 1* |
| *Surgical setup and patient positioning.* |
| *Video 2* |
| *Exposure, resection, and suture method.* |

*NOTE: The videos themselves must be uploaded at* [***http://video-submissions.jbjs.org/***](http://video-submissions.jbjs.org/) *and linked to during the submission process in Editorial Manager. Please refer to* [***http://sites.jbjs.org/misc/video\_upload\_instructions.pdf***](http://sites.jbjs.org/misc/video_upload_instructions.pdf) *for instructions. The file name for each video should be VIDEO 1, VIDEO 2, etc.*

**Tables**

*JBJS EST papers rarely have tables as they are meant to describe a technique rather than to present detailed patient or results data. If you are using tables, please upload them as separate files with your submission in Editorial Manager. Please place the table number and title before the table.*