



How to Achieve the Best Sound Quality for Your OrthoCorps Story

When selecting your recording space . . .

Use rooms that are smaller and have:

- Carpet or rugs
- Low ceilings
- Closed windows and drapes
- Irregular shapes
- Full bookcases

Avoid using rooms that are large and have:

- Uncovered or tiled floors
- High ceilings
- Big windows without curtains
- Square shapes
- Bare walls
- Noisy appliances or background noise

- Silence all notifications before recording to avoid any unnecessary interruptions.
- Avoid shuffling papers or tapping of any kind as it will be picked up by the mic and distort the audio.
- Make sure the device's microphone is always pointed toward the person speaking and is 6–12 inches away.
- If you prop your device up, be sure not to cover the microphone.
- Test your audio before hitting "record."

Check your audio settings

- Change the Audio Quality to "Lossless" if available.
- Turn on any options like "High-fidelity music mode," "Echo cancellation," and "Stereo audio."
- In your device's system preferences for sound (i.e., on a Mac or PC), adjust the input volume, input level, sample rate, and bit depth. A sample rate and bit depth of 48 KHz, 96 Kbps mono/192 Kbps stereo is preferred.

Sound treat the room

- Lay down a thick rug.
- Sit in comfortable, noiseless chairs.
- Close all windows, doors, and drapes.
- Pick a recording spot away from the corners of the room and perpendicular to any windows.

